

Healthy Delawareans with Disabilities

• • • • • • • • • • *bridging the gap*

Delaware Health Status Report for Children with Disabilities and Special Health Care Needs



Healthy Delawareans with Disabilities

..... *bridging the gap*

Methodology

- Advisory Council developed Childhood Survey on Health, Disabilities, and Quality of Life
- Family members of children newborn to 17 years of age were recruited at health fairs, summer camps, and outreach to community organizations
- 167 families were recruited; 132 participated (79.0%)
- Trained interviewers conducted interviews with families at their location of choice
- Families received \$15.00 after completing the interview

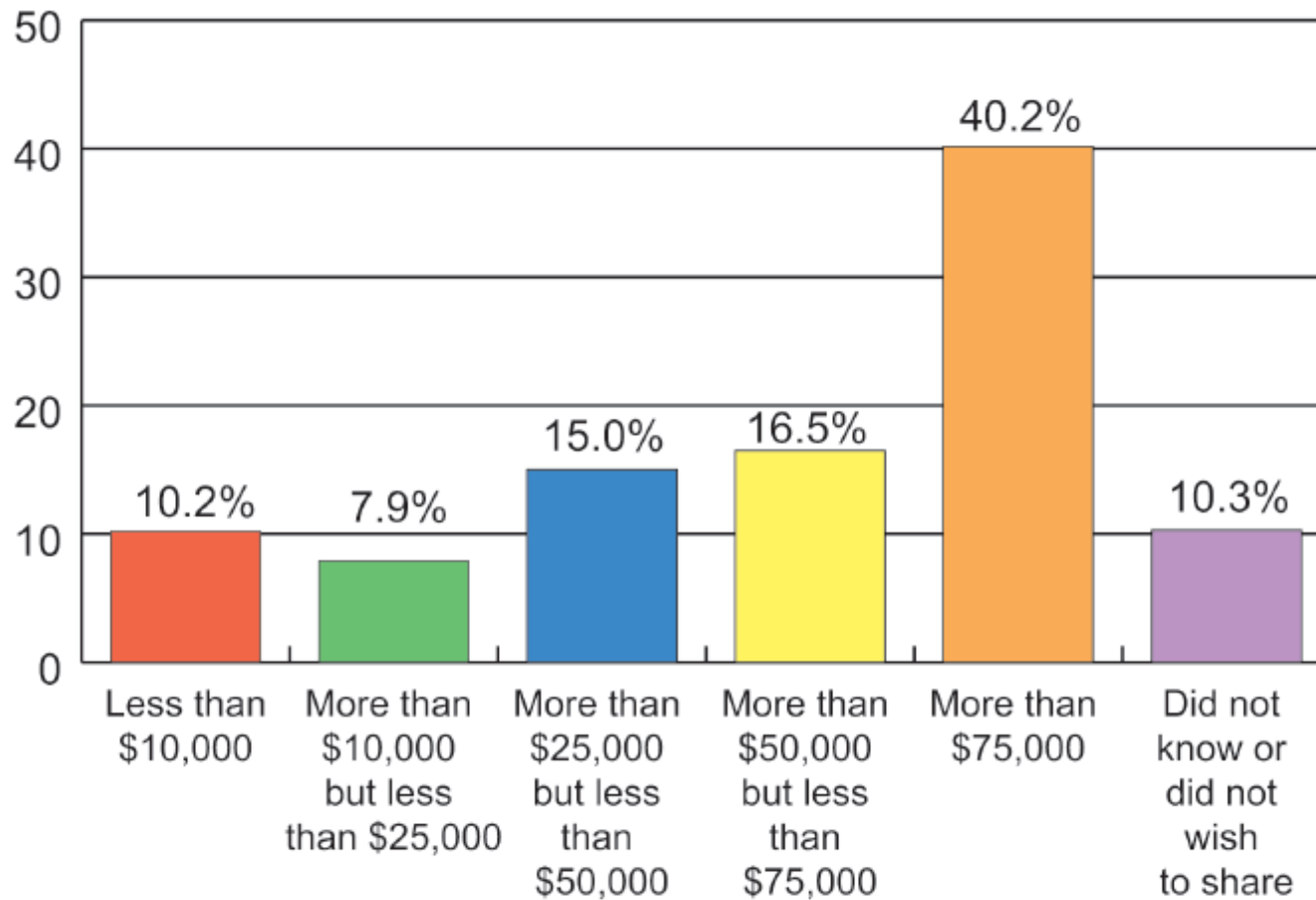
- Data collected between January and May 2007
- Entered into SPSS database
- Analyzed between July and November 2007
- Basic descriptive statistics calculated
- Report prepared between November 2007-April 2008

Healthy Delawareans with Disabilities

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Findings

Families Annual Household Income



Children's Gender and Race/Ethnicity

- **Gender:**

- 59.1% Male
- 40.9% Female



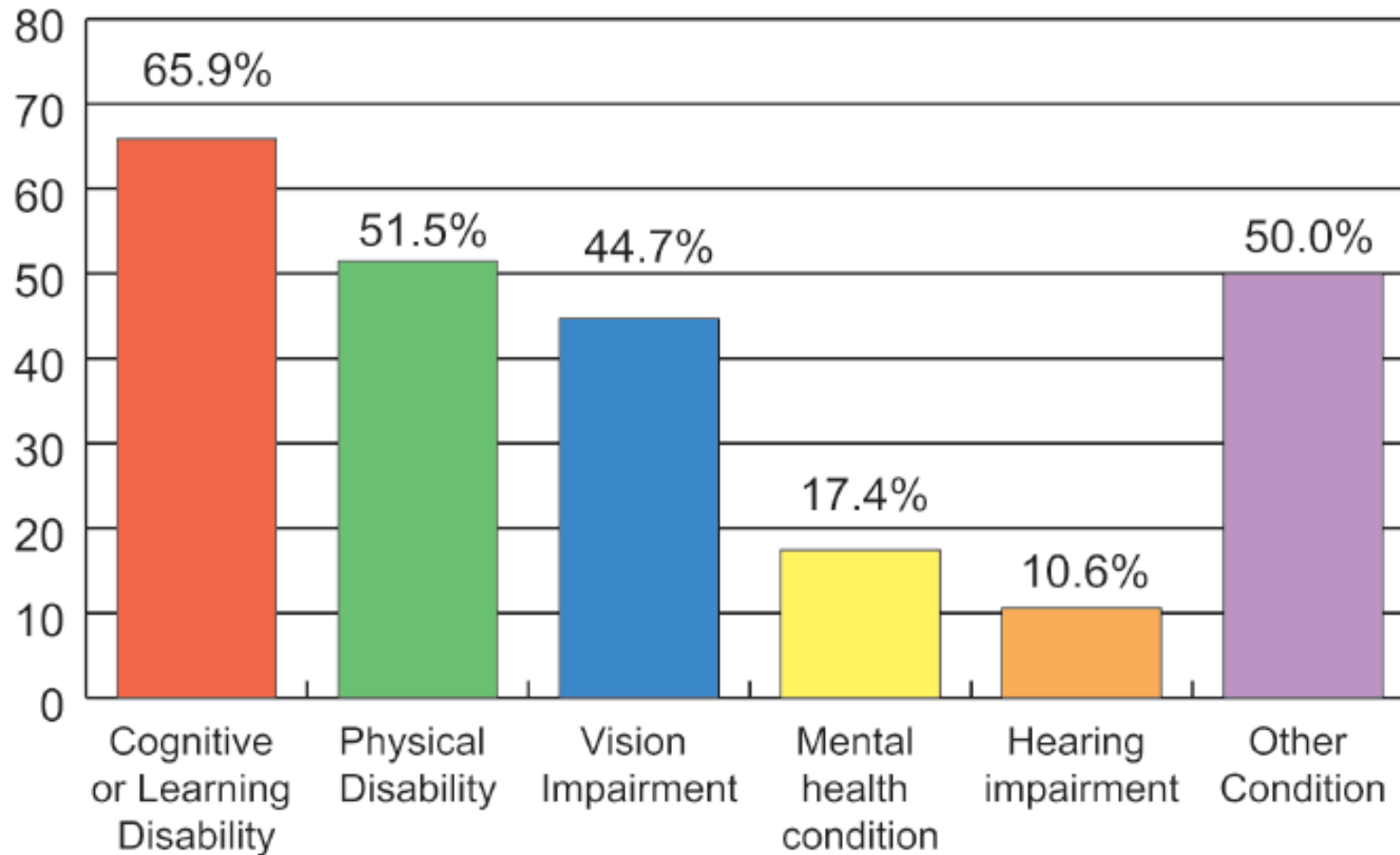
- **Race:**

- 73.8% White
- 19.7% Black/African American
- 6.5% Other

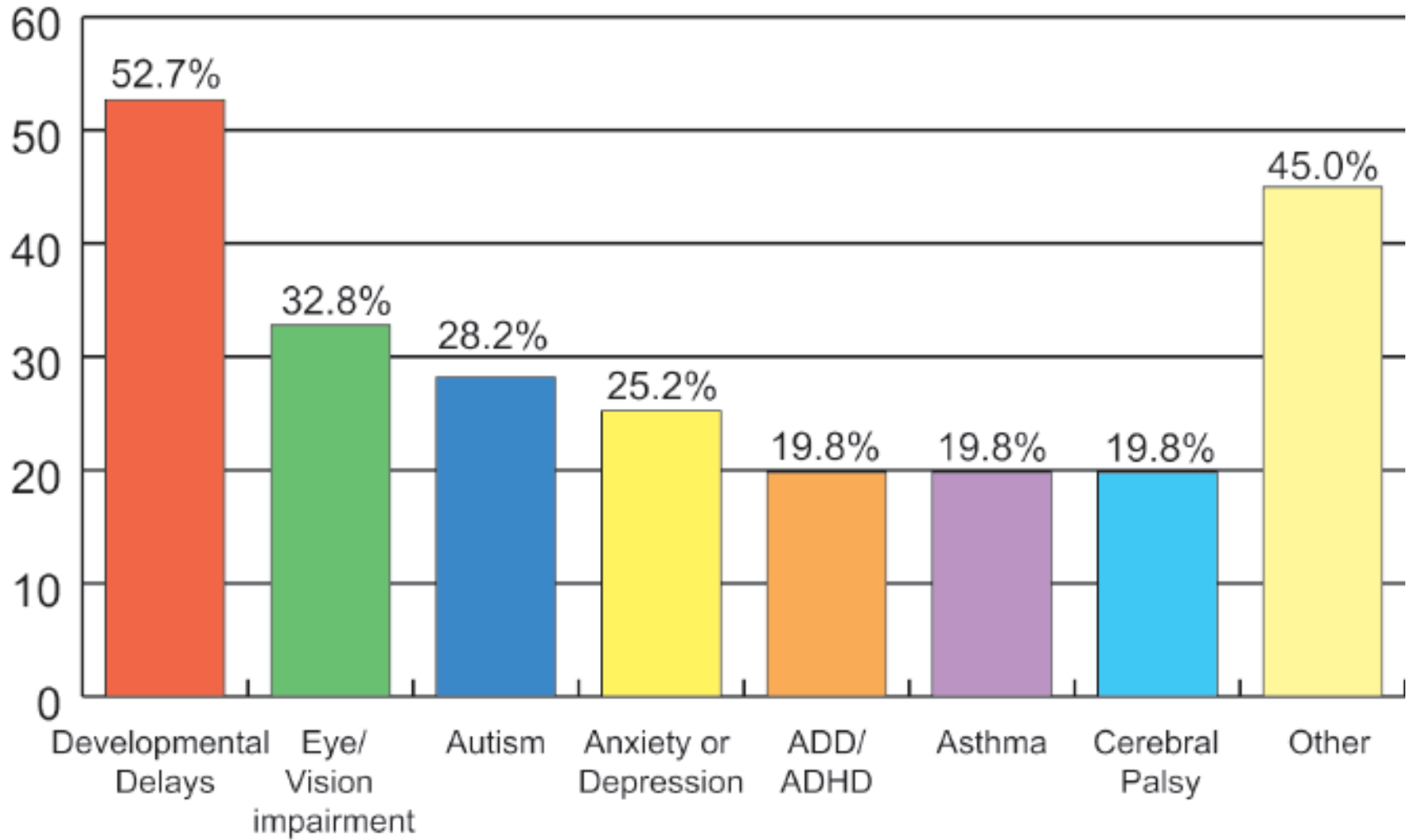
- **Ethnicity:**

- 9.4% Hispanic/Latino

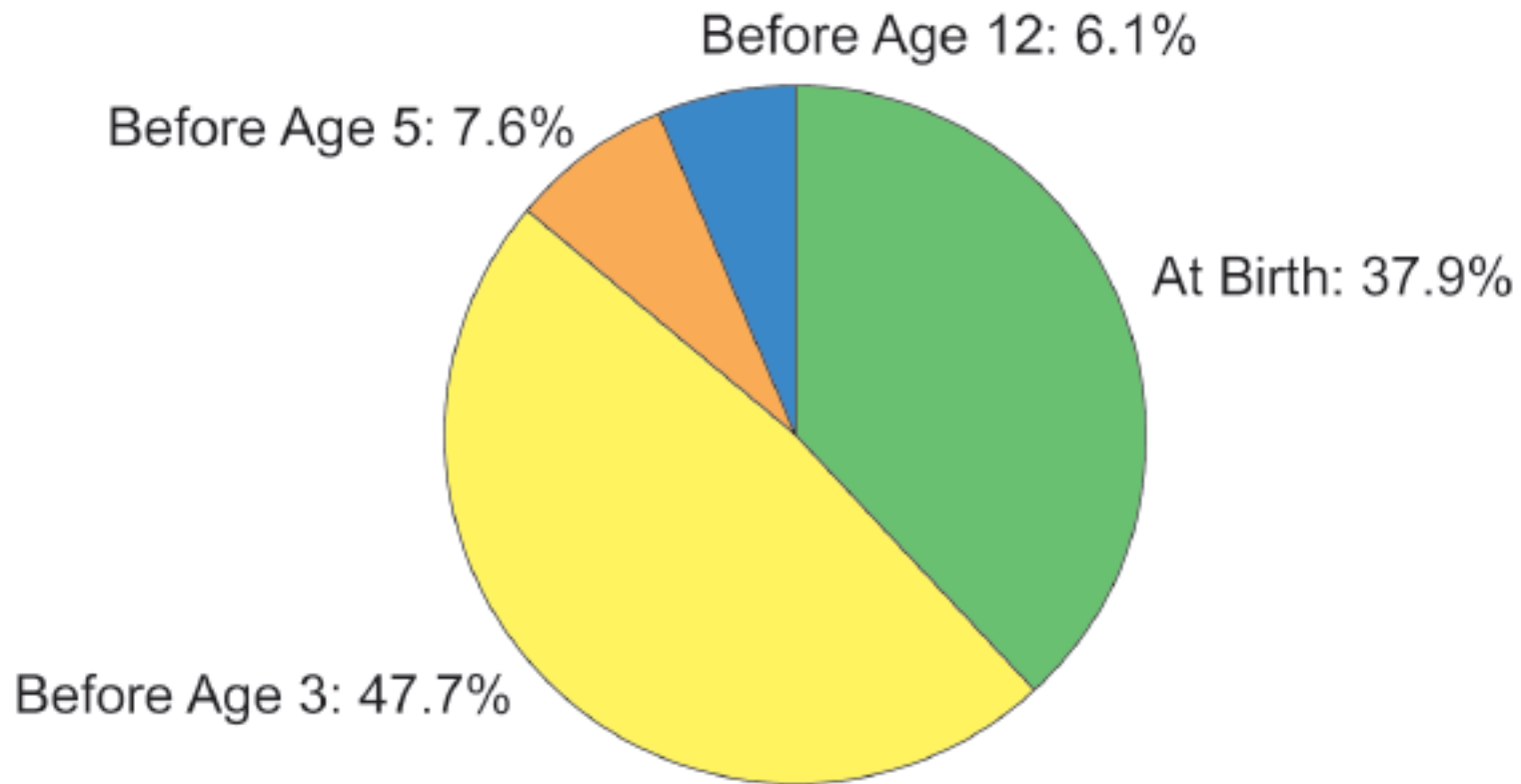
Identified Disabilities



Children's Identified Medical Conditions



Age at which Child's Disability/Health Condition was identified



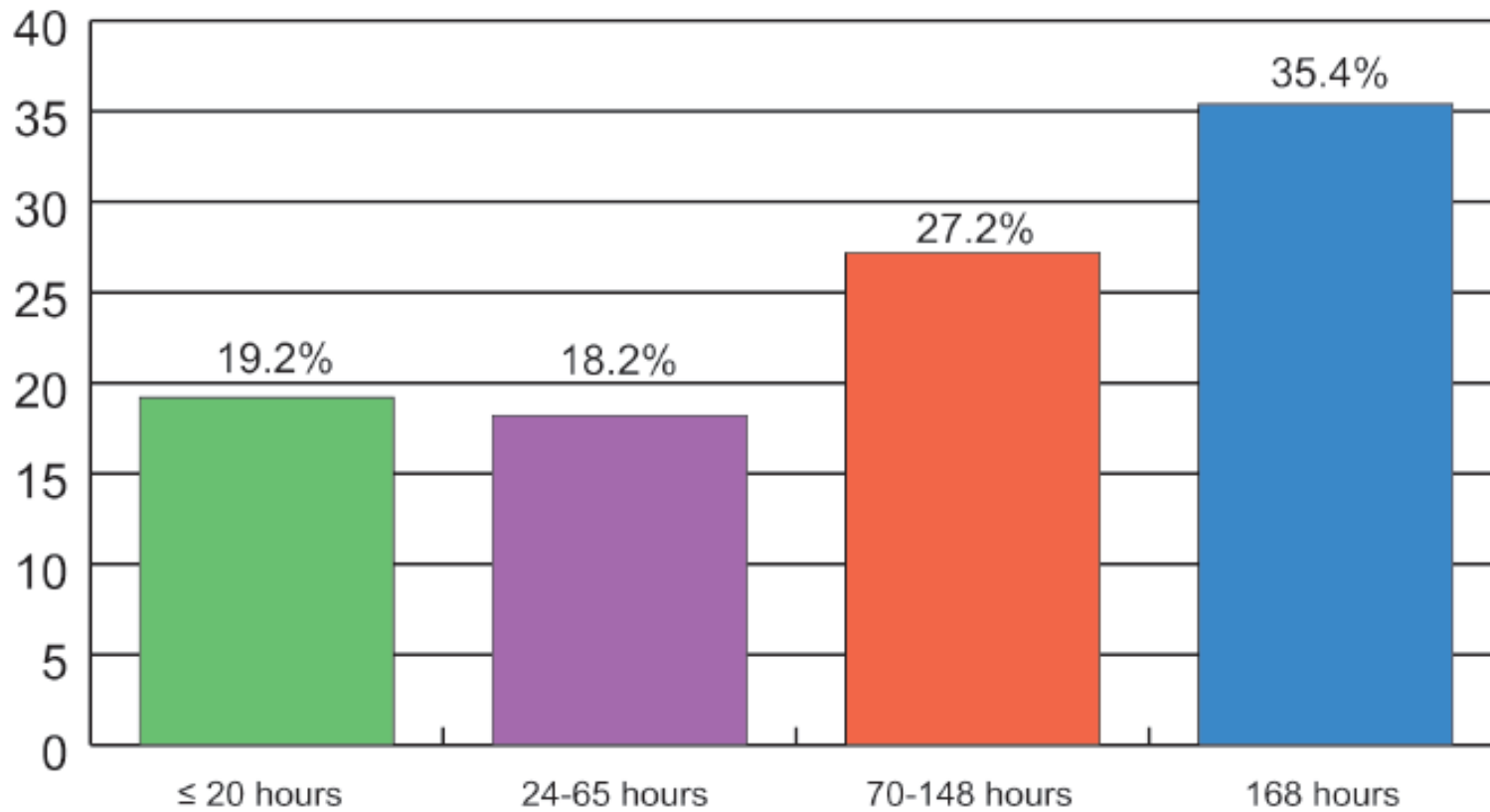
Health Status

- Overall health excellent/very good: 66.9%
- Overall health good to fair: 29.9%
- Emotional Health not good in past month:
 - Very often/somewhat often: 28.1%
- Child felt worried, tense, in past month:
 - Very often/somewhat often: 38.6%
- Child received treatment for mental health condition: 28.8%

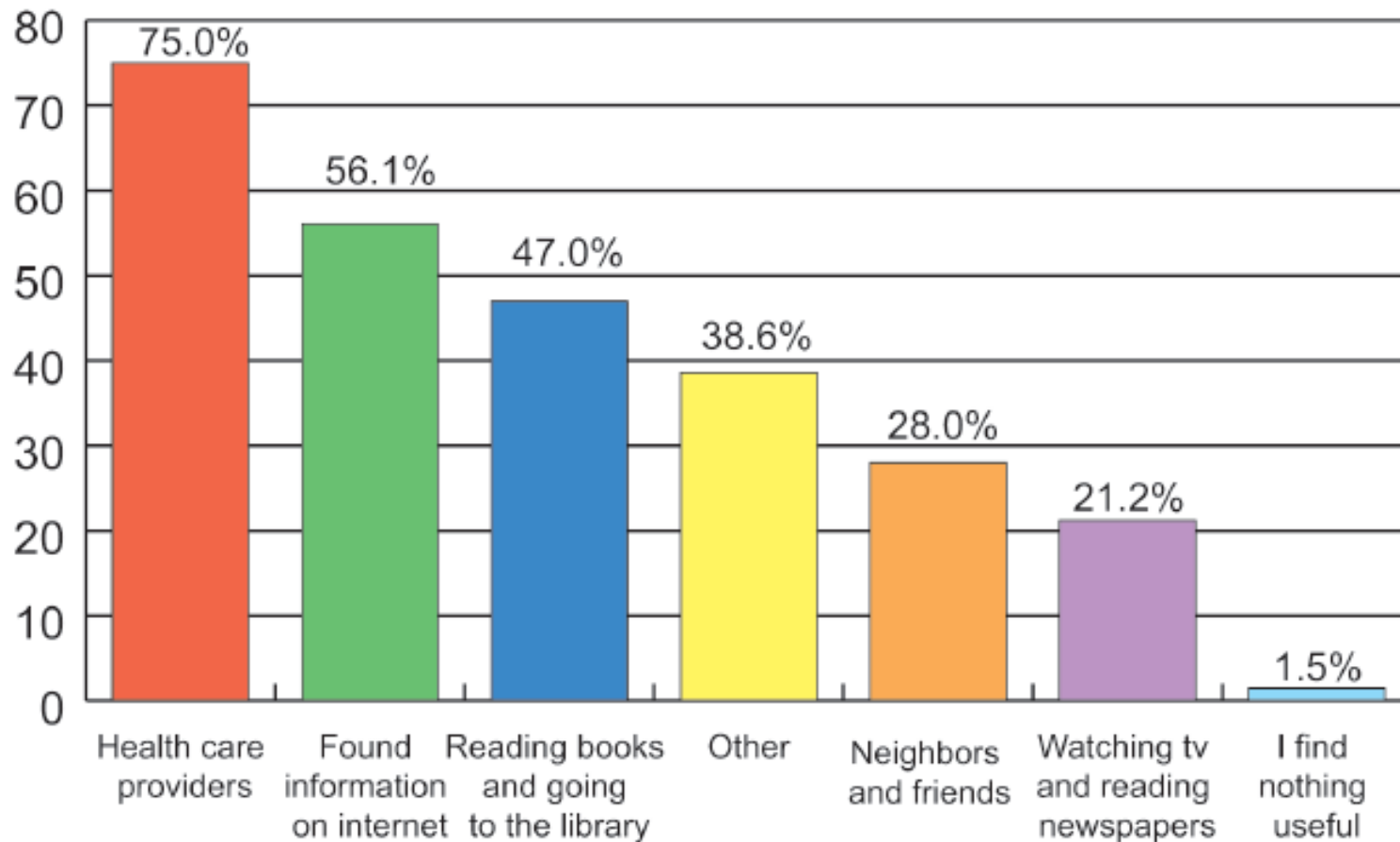
Caregiving

- Child needs help with personal care: 56.7%
- Child needs help with everyday-and school activities: 73.5%
- Caregiving challenges:
 - Stress: 55.7%
 - Not enough time for self: 32.0%
 - Financial burden: 30.3%
 - Interference with work: 18.9%

Time spent Providing Care



Useful Supports and Resources for Caregivers



Exercise & Weight

- 6-11-year-olds:
 - ~29% do not participate in extra-curricula exercise
 - 22.9% of children were reported to be overweight
- 12-17-year-olds:
 - ~19% do not participate in extra-curricula exercise
 - 27.2% were reported to be overweight

Insurance Coverage

- Insurance Coverage:
 - 97.0% of children had insurance coverage
- Source:
 - Employer-based insurance: 59.8%
 - Medicaid: 37.8%

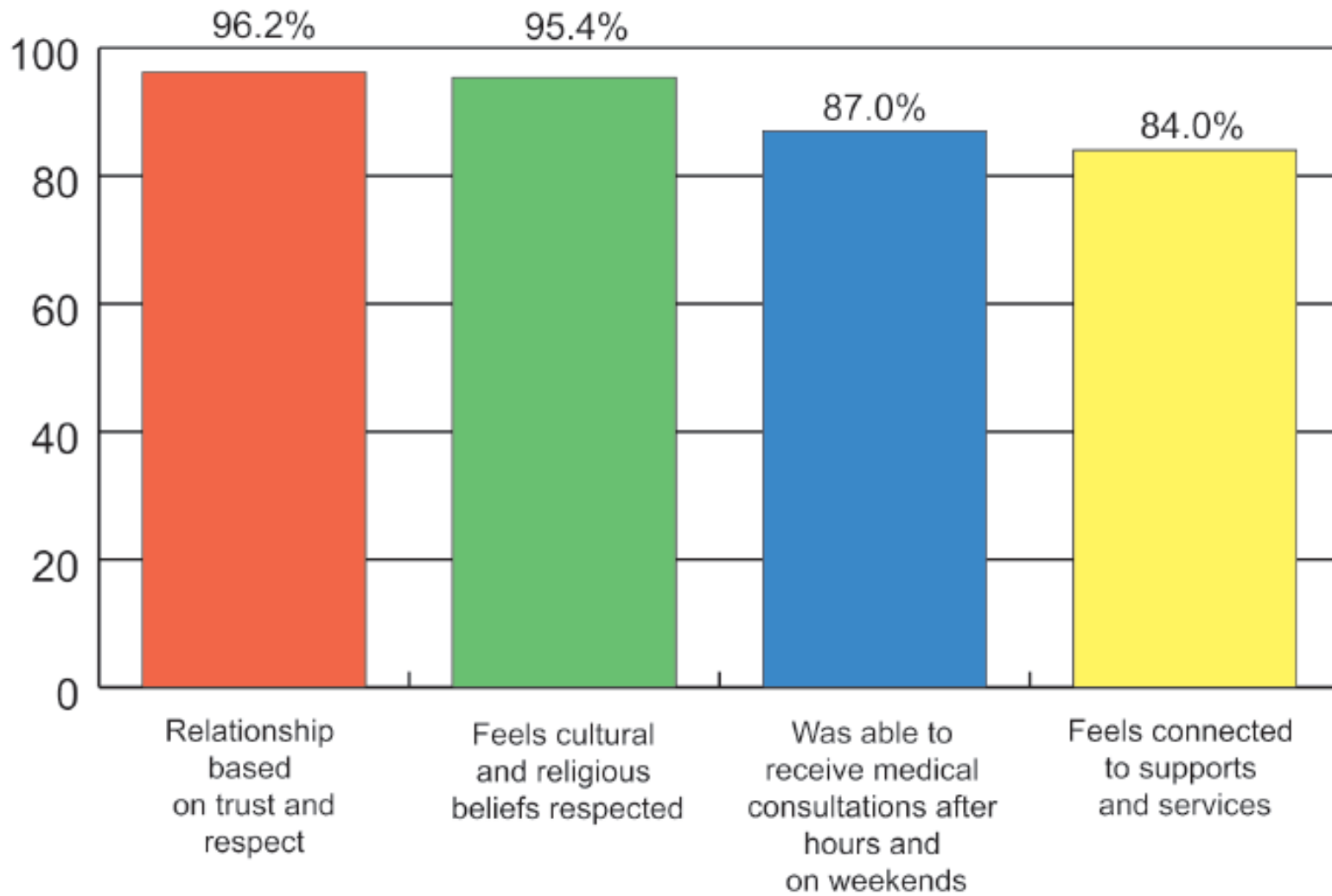
Access to Medical Home

- Access to Healthcare Provider:
 - 99.2% had access to at least one primary care provider (PCP)
 - 85.6% had access to dental care
- Satisfaction with Care:
 - Most caregivers were very satisfied or somewhat satisfied with their child's provider (98.1%)
 - 93.9% reported that they had a partnership with PCP

Access to Medical Home cont.

- Encouragement/ Support from Health Care Providers:
 - Great support: 33.9%
 - Adequate support: 28.3%
 - Some support: 23.6%
 - No support: 14.2%

Access to Medical Home cont.



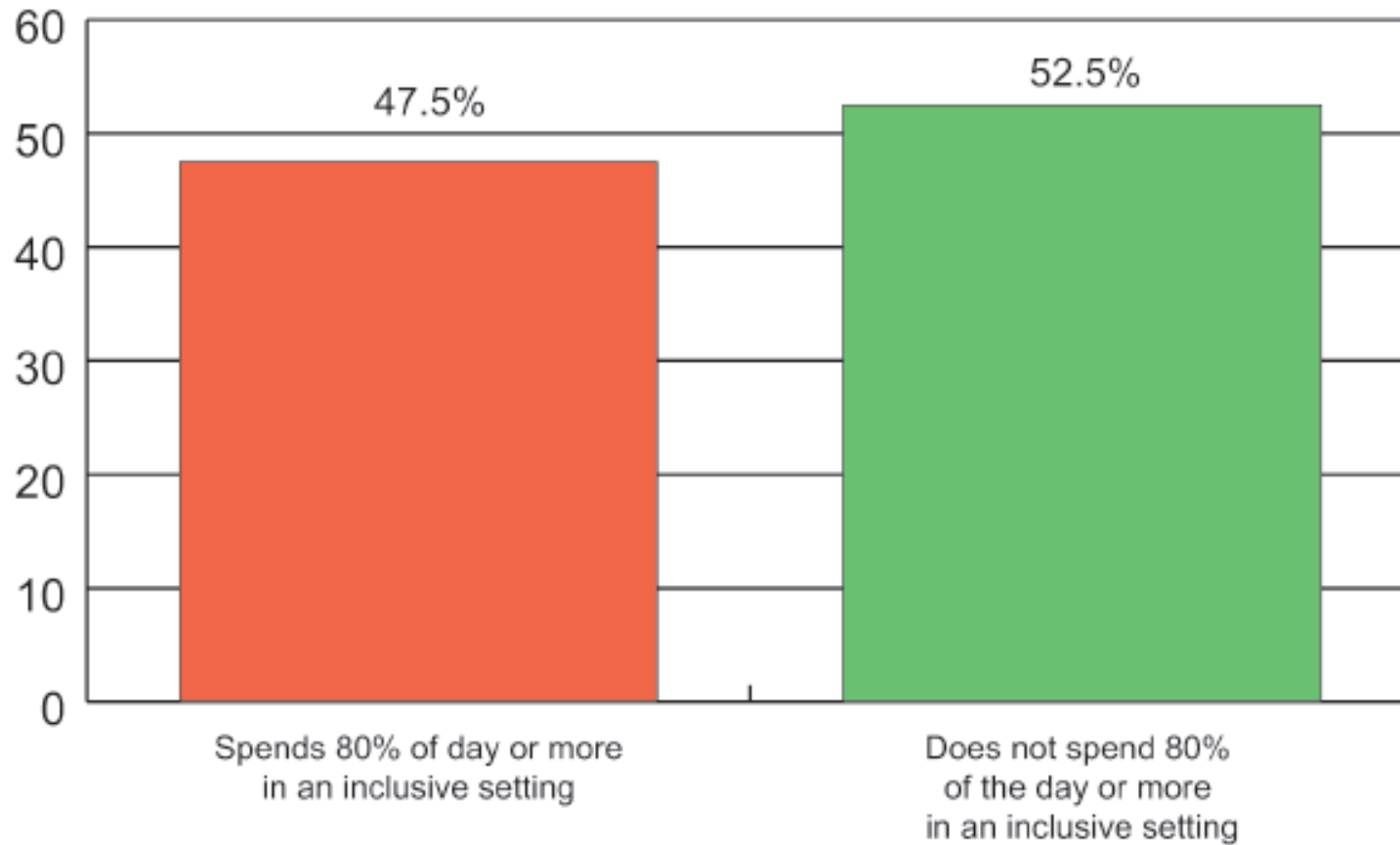
Barriers and Challenges

- Not able to see a doctor in the last 12 months due to barriers: 14.5%
- Reasons for not being able to see a doctor:
 - Barriers related to building and other issues: 58.8%
 - Barriers related to medical equipment: 47.1%
 - Barriers related to services: 41.2%
 - Transportation: 23.5%

Barriers and Challenges cont.

- Experienced difficulties in acquiring health care: 34.1%
 - Difficulties finding childcare for other children: 40.0%
 - Transportation issues: 26.7%
 - Financial difficulties: 28.9%
 - Lack of convenient office hours: 33.3%
 - Excessive paperwork: 8.9%
 - Language barriers: 6.7%

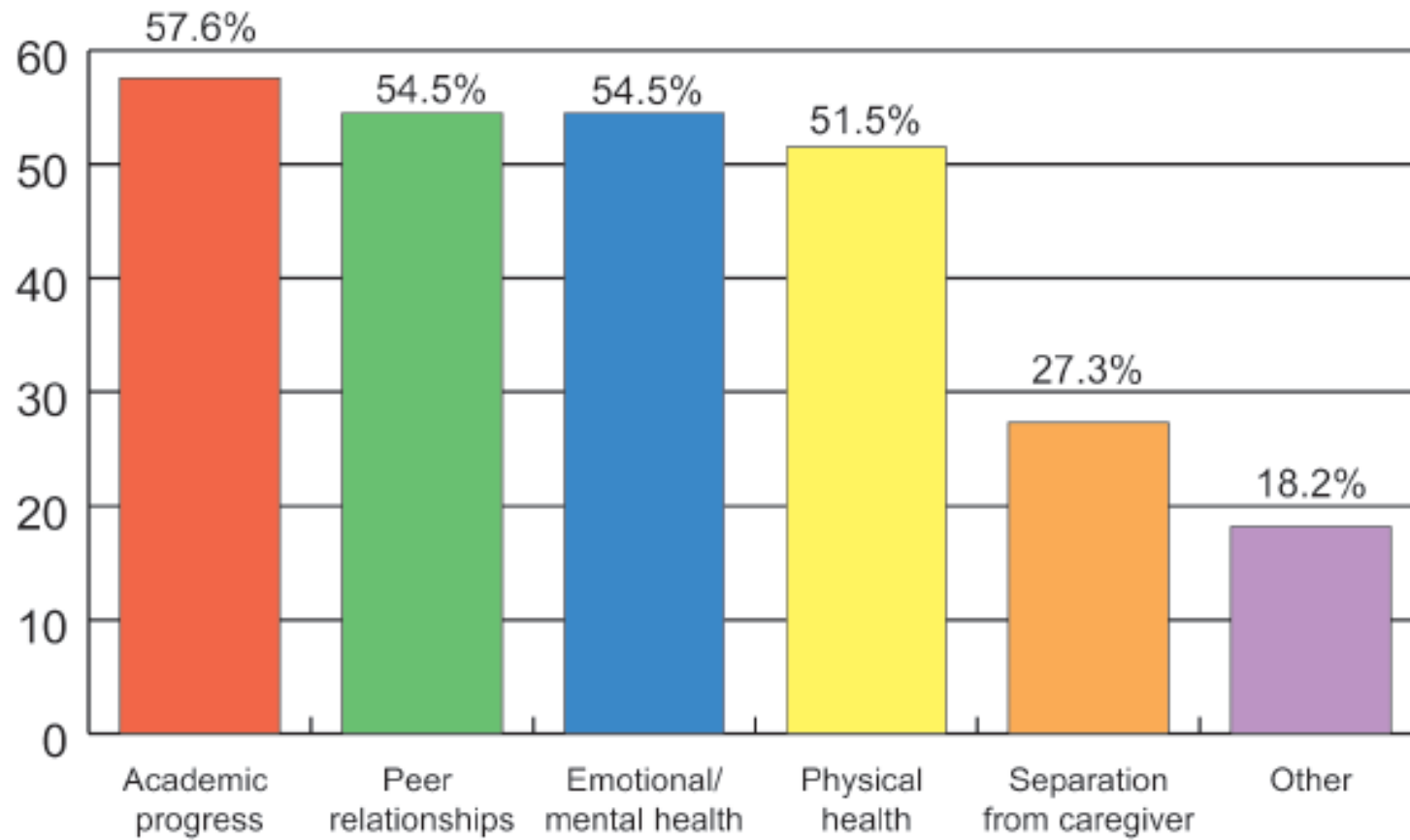
Inclusion



Involvement in IEP Process

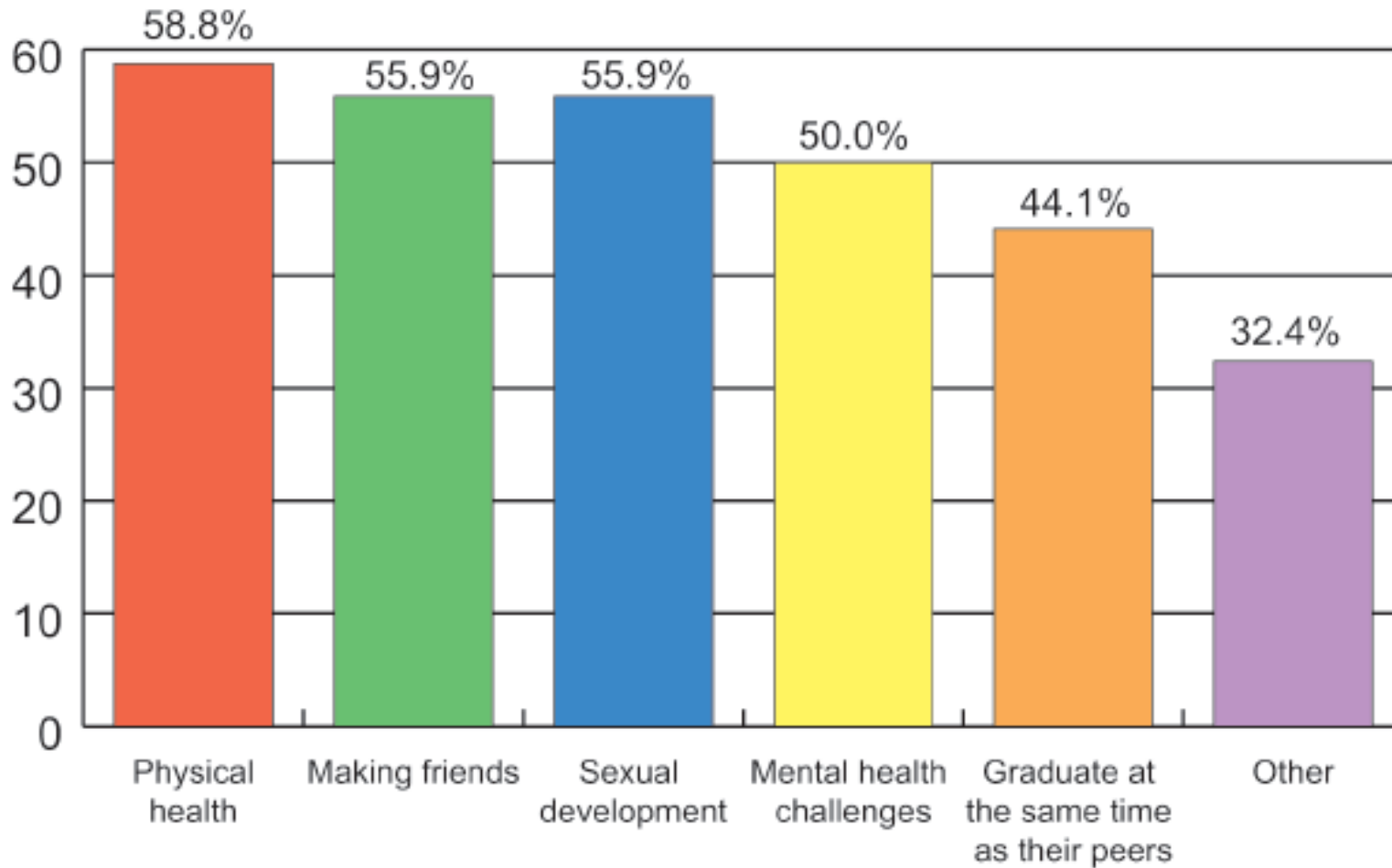
- 88.6% of all parents/caregivers with a child of school age reported participation in IEPs
 - 98.1% felt their participation was helpful and important
- Reported difficulties with IEP Process:
 - 27.8% service availability
 - 12.2% plan did not meet child's needs
 - 9.6% plan did not reflect their opinion

Transition Concerns Children under 6 years



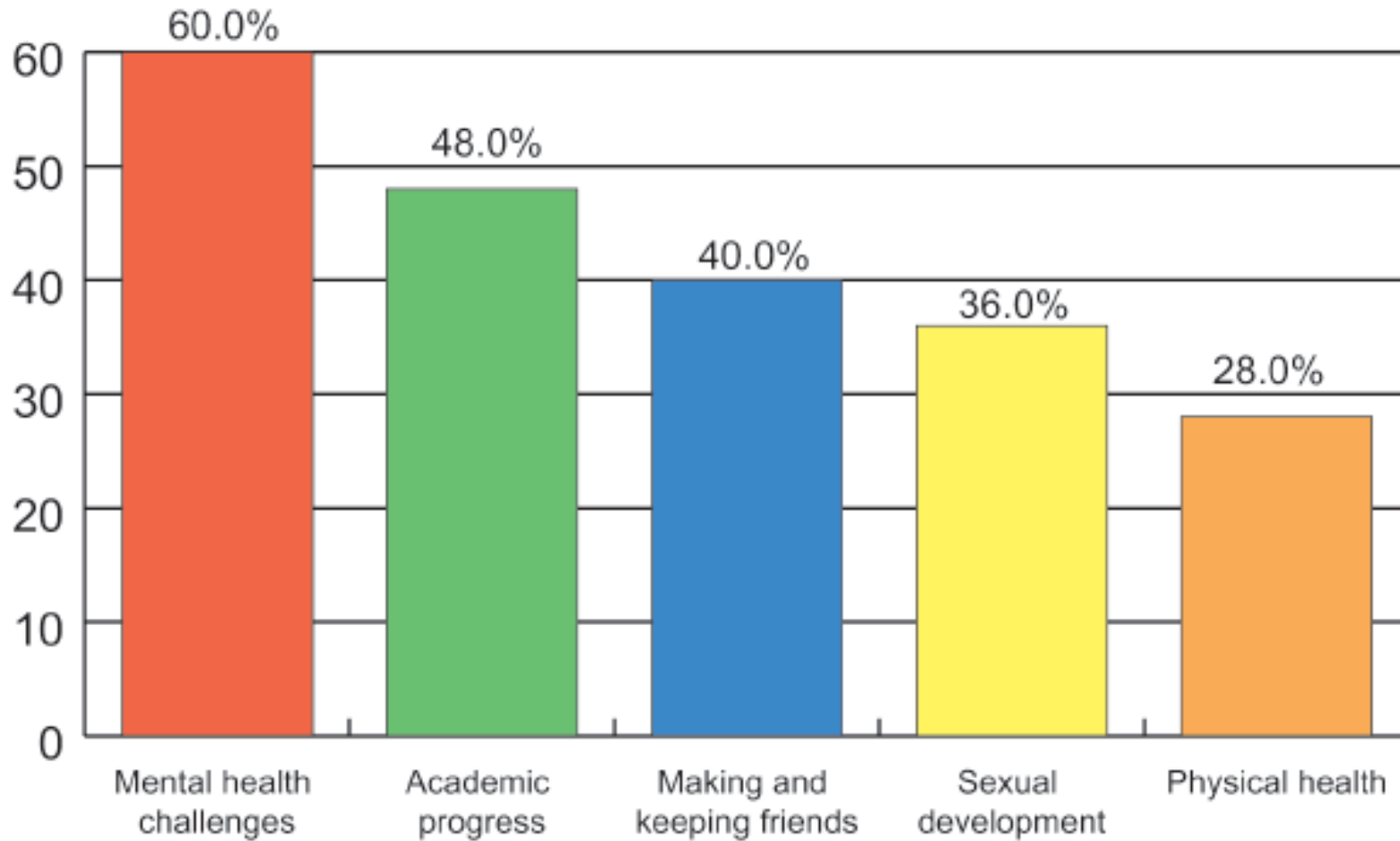
Transition Concerns

Children 6 -11 years



Transition Concerns

Adolescents 12 -17 years



Safety

- Car Safety

- 0-5 years:
 - 97.4% use car seat/booster seat
- 6-11 years:
 - 97.1% use seat belt
- 12-17 years:
 - 94.4% use seat belt



- Biking Safety

- 6-11 years:
 - 51.4% reported children using a bicycle
 - Out of those 83.3% reported child using helmet when riding a bike
- 12-17 years:
 - 63.9% reported child riding a bicycle
 - Out of those 60.9% reported child using helmet when riding a bike

Television Use

- 0-5 years:
 - Less than 1 hour: 7.9%
 - 1 to 2 hours: 57.9%
 - 2.5 to 6 hours: 23.7%
- 6-11 years:
 - Less than 1 hour: 8.3%
 - 1 to 2 hours: 61.1%
 - 2.5 to 6 hours: 30.6%

Recommendations

Support child mental health services

Support effective implementation of respite care programs

Develop/implement/support inclusive health education and prevention programs

Support existing health education and prevention programs in becoming/being inclusive

Recommendations cont.

Support schools in implementation of inclusion

Develop/disseminate culturally responsive healthy lifestyle education materials

Develop/disseminate culturally responsive health education materials

Develop/implement inclusive safety education activities

Reduce barriers and improve access to medical and social services

Recommendations cont.

Support medical home initiative

Provide education to school personnel, health care providers, and families on importance of early and adequate transition preparation